

YOUR COMPLETE FREYCINET PENINSULA TRAVEL GUIDE

While most have heard of Wineglass Bay (and for good reason), this place is more than a postcard. It's a playground for hikers, photographers, foodies, kayakers, and anyone craving an escape that isn't overrun by tourist buses.



Why Freycinet should be on your radar

If you're wondering whether the Freycinet Peninsula is worth the detour on your Tasmanian adventure, the answer is a resounding yes. This compact region punches well above its weight in natural beauty, outdoor activities, and that unbeatable laid-back Tassie charm. It's not just a stop — it's a destination.

Tasmania's East Coast is all about contrast — and the Freycinet Peninsula delivers in spades...

A snapshot of Freycinet Peninsula

Before diving into the what-to-dos, it helps to get your bearings. Freycinet is a geographical marvel that combines dramatic coastline, ancient granite peaks, and protected forestland — all wrapped into a compact peninsula jutting into the Tasman Sea.

Set within Freycinet National Park, the peninsula juts out from the East Coast like a bony finger...

The must-dos: iconic sights and activities

These are the heavy hitters, the ones you'll hear about from every brochure and every traveller who's been. But don't let their popularity fool you — these experiences are iconic for a reason. They capture the spirit of Freycinet like nothing else.

- **Wineglass Bay lookout:** 1.5-hour return walk for the iconic view.
- **Wineglass Bay beach:** Bring water and snacks, it's a workout.
- **Hazards Beach Circuit:** A half-day loop with contrasting beachscapes.
- **Kayaking Coles Bay:** Paddle past pink granite cliffs.
- **Cruising around the peninsula:** Boat trips reveal coves and marine life.
- **Cape Tourville Lighthouse Walk:** Easy loop with huge views.

Beyond the usual: hidden gems Freycinet locals love

If you've ticked off the big names and are hungry for more, this is where the locals would send you.

These tucked-away treasures reveal the quieter, wilder side of Freycinet — and you'll often have them all to yourself.

- **Sleepy Bay:** Secluded and photogenic at golden hour.
- **Little Gravelly Beach:** Hard to find, worth the walk.
- **Friendly Beaches:** Vast and usually deserted.
- **Blue Stone Bay:** 4WD only, rugged beauty.
- **Moulting Lagoon:** Birdwatching paradise.

Walking tracks for every type of traveller

Lace up those boots (or sneakers) because walking is the best way to explore Freycinet. From easy shoreline strolls to rock scrambles that challenge your quads, there's a trail here to suit every mood and ability.

- **Friendly Beaches Walks**
- **Mt Amos:** Challenging with epic rewards.
- **Cooks Beach Hike:** Solitude and views.
- **Isthmus Track:** Peaceful trail linking two iconic beaches.
- **Richardson's Beach to Honeymoon Bay:** Flat and scenic.

Where to eat: from fish 'n chips to fine dining

Just because you're in the wild doesn't mean you have to rough it when it comes to food. Coles Bay and surrounds offer a surprisingly tasty line-up of eats — from seafood shacks to candlelit restaurants.

- Geographe Restaurant & Espresso Bar
- Freycinet Marine Farm
- Freycinet Lodge's Bay Restaurant
- Richardson's Bistro
- Ice Creamery at Coles Bay

Wineries worth the short drive

The East Coast's cool climate and rich soils are a winemaker's dream, and Freycinet sits within easy reach of some of the region's best cellar doors. Whether you're into pinot, sparkling, or a good garden picnic, these stops are well worth the drive.

- **Devil's Corner Cellar Door** — Modern winery with views over Moulting Lagoon, tasting flights and wood-fired pizzas.
- **Freycinet Vineyard** — Family-run, renowned for pinot noir and riesling. One of Tasmania's oldest vineyards.
- **Craigie Knowe Vineyard** — Relaxed tastings in a garden setting, with local produce platters near Swansea.

Where to stay in Freycinet

From campsites under the stars to plush lodges with views of the bay, Freycinet caters for every budget and travel style. Here are a few places that strike the right balance between comfort and connection to nature.

- **Iluka Holiday Centre:** Budget-friendly cabins and campsites.
- **Edge of the Bay Resort:** Mid-range with great views.
- **Freycinet Lodge:** Luxury in the heart of the park.

Local tips from Freycinet veterans

Practical tips can mean the difference between a decent day out and a truly memorable adventure.

- Start early for quiet trails.
- Watch tides while exploring beaches.
- No fuel in the National Park.
- Weather is unpredictable.
- Book early in peak season.

Best time to visit the Freycinet Peninsula

Timing can make or break a trip. Depending on what you're after — warm beach days, peaceful hikes, or wildlife spotting — there's a perfect season for you.

Spring and autumn strike the best balance. Summer is busier, while winter is for solitude seekers and photographers.

Practical information

Before heading out, it pays to sort your logistics. From driving routes to park passes and seasonal considerations, this section gives you everything you need to plan smart.

- **Park pass:** Required. Purchase online or at the Visitor Centre.
- **Opening hours:** Park is open year-round.
- **Best time:** October–April ideal for warm days. Winter is quiet and photogenic.
- **Safety:** Wear proper footwear. Phone coverage is patchy. Bring water.